

Association of Enlarged Perivascular Spaces With Amyloid Burden and Cognitive Decline in Alzheimer Disease Continuum

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Abstract

Background and Objectives

To investigate the effects of enlarged perivascular space (EPVS) on amyloid burden and cognitive function in Alzheimer disease (AD) continuum.

Methods

We retrospectively reviewed 208 patients with AD across the cognitive continuum (preclinical, prodromal, and AD dementia) who showed amyloid deposition on ¹⁸F-florbetaben PET scans and 82 healthy controls. EPVSs were counted for each patient in the basal ganglia (BG), centrum semiovale (CSO), and hippocampus (HP) on axial T2-weighted images. Patients were then classified according to the number of EPVSs into the EPVS+ (>10 EPVSs) and EPVS− (0–10 EPVSs) groups for the BG and CSO, respectively. In terms of HP-EPVS, equal or more than 7 EPVSs on bilateral hemisphere were regarded as the presence of HP-EPVS. After adjusting for markers of small vessel disease (SVD), multiple linear regression analyses were performed to determine the intergroup differences in global and regional amyloid deposition and cognitive function at the time of diagnosis of AD continuum. A linear mixed model was used to assess the effects of EPVSs on the longitudinal changes in the Mini-Mental State Examination (MMSE) scores.

Results

Amyloid burden at the time of diagnosis of AD continuum was not associated with the degree of BG-, CSO-, or HP-EPVS. BG-EPVS affected language and frontal/executive function via SVD markers, and HP-EPVS was associated with general cognition via SVD markers. However, CSO-EPVS was not associated with baseline cognition. A higher number of CSO-EPVS was significantly associated with a more rapid decline in MMSE scores ($\beta = -0.58$, standard error = 0.23, $p = 0.011$) independent of the amyloid burden. In terms of BG and HP, there was no difference between the EPVS+ and EPVS− groups in the rate of longitudinal decreases in MMSE scores.

Discussion

Our findings suggest that BG-, CSO-, and HP-EPVS are not associated with baseline β -amyloid burden or cognitive function independently of SVD at the diagnosis of AD continuum. However, CSO-EPVS appears to be associated with the progression of cognitive decline in an amyloid-independent manner. Further studies are needed to investigate whether CSO-EPVS is a potential therapeutic target in patients with AD continuum.

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Glossary

AD = Alzheimer disease; ADL = activities of daily living; ANCOVA = analysis of covariance; BAPL = brain amyloid plaque load; BG = basal ganglia; CDR-SOB = Clinical Dementia Rating–Sum of Boxes; CMB = cerebral microbleed; CSO = centrum semiovale; EPVS = enlarged perivascular space; FBB = florbetaben; FDR = false discovery rate; FLAIR = fluid-attenuated inversion recovery; HP = hippocampus; ICC = intraclass correlation coefficient; MMSE = Mini-Mental Status Examination; MTA = medial temporal lobe atrophy; RCFT = Rey-Osterrieth Complex Figure Test; SE = standard error; SUVR = standardized uptake value ratio; SVD = small vessel disease; TR = repetition time; WMH = white matter hyperintensity.

Enlarged perivascular spaces (EPVSs) are considered to result from the dilation of the potential space within the cerebral blood vessel wall, which may be secondary to impaired interstitial fluid drainage.^{1,2} They are small, linear, or ovoid fluid-filled structures surrounding perforating vessels, which are frequently visible in the midbrain, hippocampus (HP), basal ganglia (BG), and centrum semiovale (CSO) in the brain MRI of the elderly.³ Although the clinical relevance of EPVS needs to be elucidated, recent evidence has suggested that EPVS may imply dysfunction of the glymphatic system that affects the clearance of toxic waste such as misfolded protein.⁴ This implies a potential relationship between EPVS and neurodegenerative disorders such as Alzheimer disease (AD) and Parkinson disease.^{5,6}

Several previous studies have demonstrated the effect of EPVS on incident all-cause dementia and longitudinal cognitive impairment.^{5,7-12} However, the role of EPVS in AD continuum has not been extensively investigated, and several studies have reported rather inconsistent results.^{5,11,12} Based on recent conflicting results and increasing attention on the role of EPVS in neurodegenerative disorders, the present study aimed to evaluate the association between EPVS, amyloid burden, and cognitive function in patients with ¹⁸F-florbetaben (¹⁸F-FBB) PET-proven AD pathologic change. Thus, we performed comparative analyses of β -amyloid retention using standardized uptake value ratios (SUVRs) calculated from cerebral cortical areas and baseline and longitudinal cognitive performance in patients with AD continuum according to the degree of BG-, CSO-, or HP-EPVS.

Methods

Participants

We retrospectively reviewed 290 patients with AD continuum from Severance Hospital who visited our clinic for subjective symptoms of cognitive impairment, had brain MRI scans, and exhibited β -amyloid positivity on ¹⁸F-FBB PET scans between June 2015 and May 2020. A detailed neuropsychological study was performed to assess the level of cognitive impairment in patients with cognitive complaints. All patients met the criteria of probable AD dementia with evidence of the AD pathophysiologic process, prodromal AD (mild cognitive impairment due to AD–high likelihood), or preclinical AD according to the National Institute on Aging–Alzheimer’s Association guidelines.¹³⁻¹⁵ In addition, we excluded (1) patients whose cognitive impairment was probably ascribed to other etiologies,¹³ (2) patients whose

interval between MRI and ¹⁸F-FBB PET scans was more than 1 year, and (3) patients whose imaging data were not suitable for preprocessing (Figure 1). Cognitive status was categorized into nondementia (preclinical and prodromal AD) and dementia (probable AD). All participants in the control group were recruited via poster advertisements for healthy older adults visiting Severance Hospital and did not complain of cognitive impairment and had normal cognitive function according to the Korean version of the Mini-Mental State Examination (MMSE) and detailed neuropsychological tests (described later).

Standard Protocol Approvals, Registrations, and Patient Consents

This study was approved by the Yonsei University Severance Hospital institutional review board. The need for informed consent was waived for patients with AD continuum (IRB No. 4-2021-0759) because of the retrospective nature of the study, whereas informed consent was obtained from all healthy controls (IRB No. 4-2015-0551).

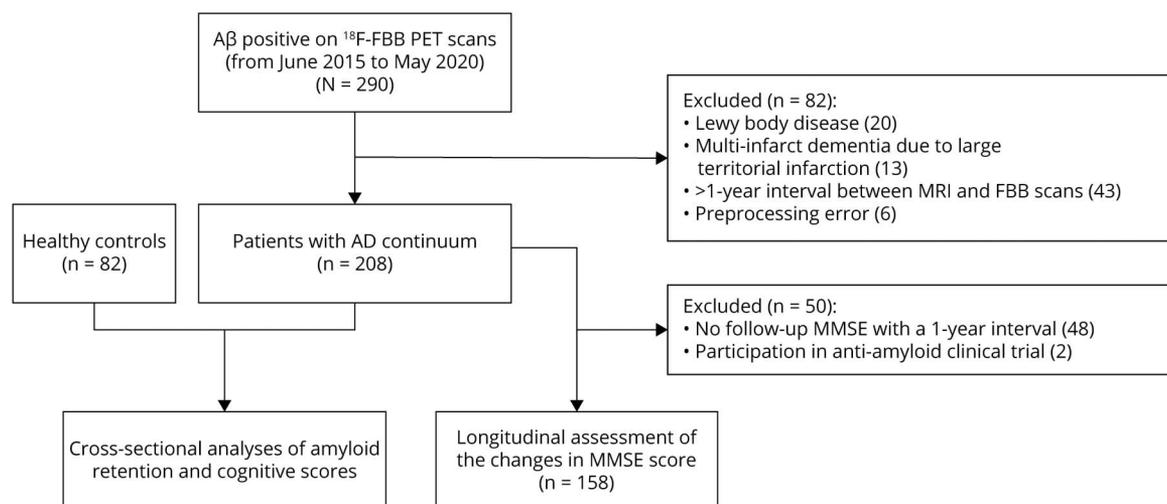
Acquisition and Visual Assessment of ¹⁸F-FBB Scans

¹⁸F-FBB PET scans were obtained using a Discovery 600 system (General Electric Healthcare, Milwaukee, MI). ¹⁸F-FBB-PET images were acquired 90 minutes after administration of 300 MBq (8 mCi) FBB for 20 minutes. Images were acquired with a 256 × 256 matrix and reconstructed with an ordered-subsets expectation maximization algorithm in an iso-0.98-mm voxel size. Acquisition corrections included decay, attenuation, scatter, dead time, normalization, sensitivity calibrated using a dose calibrator, and random correction. Brain β -amyloid plaque load (BAPL) scores¹⁶ were assessed based on visual ratings by an expert reader (Professor at the Department of Nuclear Medicine in Severance Hospital) who was blinded to the clinical diagnosis. All enrolled patients had BAPL scores of 2 or 3, which were classified as β -amyloid positivity.

Acquisition of MRIs

All patients underwent a brain MRI using a 3.0 T scanner (Achieva; Philips Medical Systems, Best, the Netherlands) with a 32-channel receiver array head coil. Head motion was minimized with restraining foam pads provided by the manufacturer. The imaging protocol included T2-weighted images (repetition time [TR]/echo time [TE], 2,800–3,000/80–100 ms; section thickness, 5 mm; matrix, 256 × 256), fluid-attenuated inversion recovery (FLAIR) images (TR/TE, 9,000–10,000/110–125 ms;

Figure 1 Flowchart of Participants



AD = Alzheimer disease; FBB = florbetaben; MMSE = Mini-Mental Status Examination.

section thickness, 5 mm; matrix, 256×256), and T2*-weighted gradient echo images (TR/TE, 500–1,000/15–25 ms; slice thickness, 5 mm; matrix, 256×256). A high-resolution, T1-weighted MRI volume data set was obtained from all subjects with a 3-dimensional T1-TFE sequence configured with the following acquisition parameters: axial acquisition with a 224×256 matrix; 256×256 reconstructed matrix with 182 slices; 220-mm field of view; $0.98 \times 0.98 \times 1.2$ mm³ voxels; 4.6 ms echo time; 9.6 ms repetition time; 8° flip angle; and 0 mm slice gap.

Quantitative Analyses of ¹⁸F-FBB PET Scans

All image processing was performed using Statistical Parametric Mapping 12 (SPM12; Wellcome Trust Center for Neuroimaging, London, UK, fil.ion.ucl.ac.uk/spm/) and FreeSurfer 6.0 (surfer.nmr.mgh.harvard.edu/) software. The processing was performed in a manner similar to that previously described for the Alzheimer's Disease Neuroimaging Initiative PET pipeline in Berkeley.¹⁷ PET images were coregistered onto the corresponding structural MRI. The structural MRI of each patient was segmented using FreeSurfer to create a reference region and target cortical regions. The SUVRs in the FreeSurfer-defined 4 cortical target regions, including the frontal, lateral parietal, lateral temporal, and anterior/posterior cingulate cortices, were calculated by dividing the whole cerebellum uptake. The global SUVR was also calculated as a volume-weighted mean across the 4 cortical regions of the SUVRs, which was used as a continuous variable in the present study.

Visual Rating of EPVS

EPVS was defined and rated on axial T2-weighted MRIs according to the Standards for Reporting Vascular Changes on Neuroimaging criteria¹ by 2 trained neurologists (S.H.J and M.P.) who were blinded to the clinical information. The neurologists used a 4-point visual rating scale (0 = absent EPVS, 1 =

1–10 EPVSs, 2 = 11–20 EPVSs, 3 = 21–40 EPVSs, and 4 = more than 40 PVSs) for the BG and CSO, respectively.^{18,19} The rating was performed on a single predefined slice (first slice above the anterior commissure in the BG with the first slice above the level of the lateral ventricles for the CSO). EPVSs were counted in each hemisphere, and the hemisphere with the highest score was recorded. The interrater reliability was excellent for both BG-EPVS (intraclass correlation coefficient [ICC] = 0.866) and CSO-EPVS (ICC = 0.871). If the EPVS scores were discordant between the raters, the final score was determined by consensus. The severity was dichotomized as a high number of EPVS (score ≥ 2 ; EPVS+) or a low number of EPVS (score < 2 ; EPVS-) as in previous publications.^{6,12}

In terms of HP-EPVS, we used the method proposed by a previous study.²⁰ A slice visualizing the midbrain and parahippocampal gyrus was selected, and we manually counted HP-EPVS in both hemispheres (ICC = 0.876). We regarded HP-EPVS+ as the sum of the left and right HP-EPVSs was equal or more than 7.²⁰

Visual Rating of Small Vessel Disease Burden: White Matter Hyperintensities, Lacunes, and Cerebral Microbleeds

The severity of white matter hyperintensities (WMHs) was rated on FLAIR images using the Scheltens scale and used as a continuous variable in this study.²¹ Lacunes were defined as hyperintense lesions > 3 mm and < 15 mm in the subcortical area on T2-weighted images with a perilesional halo on FLAIR images.¹ Cerebral microbleeds (CMBs) are defined as small, rounded, homogeneous, hypointense lesions on T2*-weighted gradient-echo images.²² Lacunes and CMBs were used as binary variables in the current study. The WMH severity in the periventricular and lobar (frontal, parietal, temporal, and occipital) regions and the presence of lacunes or CMBs in the whole brain area were determined by consensus between 2 neurologists (S.H.J. and J.H.J.).

Visual Rating of Medial Temporal Lobe Atrophy

Visual assessment of medial temporal lobe atrophy (MTA) was performed by 2 neurologists (S.H.J. and J.H.J.) using the Scheltens scale.²³ The average of the right and left MTA scores was used as a continuous variable in the current study. The interrater reliability of the MTA scores was high (ICC = 0.876). If MTA scores were discordant between the raters, the final score was determined by consensus.

Neuropsychological Tests

At baseline, 202 (97.1%) patients with AD continuum and all healthy controls underwent a standardized neuropsychological battery test called the Seoul Neuropsychological Screening Battery,²⁴ which contains tests that assess attention/working memory, language, visuospatial function, memory, and frontal/executive function. Standardized z-scores were available for all scorable tests based on age- and education-matched norms. We included the following tests: the digit span forward and backward for the attention domain; the Korean version of the Boston Naming Test for the language domain; copying item of the Rey-Osterrieth Complex Figure Test (RCFT) for the visuospatial domain; immediate recall, 20-minute delayed recall, and recognition items of the Seoul Verbal Learning Test for the verbal memory domain; immediate recall, 20-minute delayed recall, and recognition items of the RCFT for the visual memory domain; and the Controlled Oral Word Association Test for semantic (animal and supermarket) and phonemic fluency and the Stroop color reading test for the frontal/executive domain. A composite score was calculated for each cognitive domain by dividing the sum of the z-scores by the number of tests. The operational definition of cognitive impairment that we used has been described in a previous study.²⁵ In addition, the MMSE and Clinical Dementia Rating–Sum of Boxes (CDR-SOB) were used to assess general cognition.²⁶ Cognitive status was established on the consensus of 2 neurologists and 1 neuropsychologist based on the evidence of abnormal activities of daily living (ADL), judged both clinically and based on instrumental ADL scales.^{27,28}

Longitudinal Assessment of the Changes in MMSE Scores Over Time

Of the 208 patients with AD continuum, 50 were excluded from the longitudinal analysis for cognitive decline due to the following reasons: (1) unavailability of longitudinal MMSE data in 48 patients and (2) enrollment of 2 patients in a clinical trial of anti-amyloid therapy. Thus, 158 patients were included in the longitudinal analysis. The mean follow-up duration was 2.0 ± 1.0 years. A linear mixed model was used to compare the rate of longitudinal changes in the MMSE scores between groups according to the severity of EPVS.

Statistical Analyses

To compare the baseline demographic characteristics between groups according to the degree of BG-, CSO-, or HP-EPVS (EPVS- vs EPVS+), independent *t* tests were used for continuous variables, and Pearson's χ^2 tests or Fisher exact tests were used for categorical variables. An analysis of covariance (ANCOVA) was

used to compare the SUVRs of each cortical region between the groups while adjusting for the effect of age at the ¹⁸F-FBB PET scan, sex, cognitive status, and *APOE* $\epsilon 4$ carrier status. When the analyses including healthy controls were performed, *APOE* $\epsilon 4$ carrier status was omitted due to unavailable *APOE* genotype data in healthy controls. The false discovery rate (FDR) method was used for multiple comparison correction.

Multivariate linear regression analysis was used to determine the independent effects of EPVS in either BG, CSO, or HP on the composite scores of each cognitive domain and CDR-SOB. The equations of models 1 and 2 are available in Table 2 footnote. Model 2 was designed to investigate the effect modification by small vessel disease (SVD) markers using additional adjustment for WMHs, lacunes, and CMBs. When the regression analyses including healthy controls were performed, *APOE* $\epsilon 4$ carrier status was omitted in the equation because there were no available *APOE* genotype data in healthy controls. The FDR method was used to correct for multiple testing.

A linear mixed model was used to compare the rate of longitudinal changes in the MMSE scores between groups according to the degree of BG-, CSO-, or HP-EPVS. The equations of models 1 and 2 are available in Table 3 footnote. Here, model 2 was designed to investigate the effect modification by amyloid burden using additional adjustment for a global SUVRs \times time interaction term. The group effect on the longitudinal MMSE change over time was tested using an EPVS group \times time interaction term. Subgroup analyses according to cognitive status (subgroups with and without dementia) were also performed by applying the same statistical model. Statistical analyses were performed using R (v4.0, r-project.org/). Results with a *p* value of <0.05 were considered statistically significant.

Data Availability

The deidentified data that support the findings of this study are available from the authors on reasonable request.

Results

Demographic and Clinical Characteristics

Consecutively, 208 patients with AD continuum and 82 healthy controls were enrolled in this study. The demographic and clinical characteristics of the patients with AD continuum or healthy controls according to the severity of EPVS are summarized in Table 1 and eTable 1 (links.lww.com/WNL/C241). Among patients with AD continuum, those in the BG-EPVS+ group were older than those in the BG-EPVS- group, whereas sex, years of education, the proportion of *APOE* $\epsilon 4$ carriers, BAPL score 3, and dementia did not differ between the 2 groups. Vascular risk factors were comparable between the BG-EPVS groups, except for hypertension. The visual rating score of MTA was significantly higher in the BG-EPVS+ group than in the BG-EPVS- group. The BG-EPVS+ group had lower MMSE scores and higher CDR-SOB than the BG-EPVS- group, whereas there was no significant difference in each cognitive domain composite

Table 1 Demographic Characteristics of Patients With Alzheimer Disease Continuum According to EPVS

	BG-EPVS–	BG-EPVS+	CSO-EPVS–	CSO-EPVS+	HP-EPVS–	HP-EPVS+
No. of participants, n	99	109	93	115	160	48
Age at FBB, y	73.02 ± 7.75 ^a	77.59 ± 5.62 ^a	74.42 ± 7.51	76.22 ± 6.64	75.56 ± 7.39	74.93 ± 7.51
Age at MRI, y	72.84 ± 7.74 ^a	77.51 ± 5.57 ^a	74.30 ± 7.51	76.09 ± 6.62	75.41 ± 7.39	74.89 ± 5.95
Female, n (%)	67 (67.7%)	62 (56.9%)	58 (62.4%)	71 (61.7%)	100 (62.5%)	29 (60.4%)
Education, y	10.77 ± 5.24	10.67 ± 5.15	9.54 ± 5.16	11.67 ± 5.02	10.51 ± 5.49	11.41 ± 3.95
MMSE	23.64 ± 3.54	22.50 ± 4.15	22.85 ± 3.75	23.19 ± 4.03	22.94 ± 3.87	23.38 ± 4.05
APOE ε4 carrier	56 (58.3%)	52 (50.0%)	48 (53.3%)	60 (54.6%)	91 (56.9%)	25 (52.1%)
BAPL score						
2	5 (5.1%)	14 (12.8%)	9 (9.7%)	10 (8.7%)	14 (8.8%)	5 (10.4%)
3	94 (95.0%)	95 (87.2%)	84 (90.3%)	105 (91.3%)	146 (91.3%)	43 (89.6%)
Cognitive status						
Nondementia	66 (66.8%)	63 (57.8%)	57 (61.3%)	72 (62.6%)	93 (58.12%)	36 (75.00%)
Dementia	33 (33.3%)	46 (42.2%)	36 (38.7%)	43 (37.4%)	67 (41.88%)	12 (25.00%)
Other EPVSs						
BG-EPVS+	—	—	41 (44.1%) ^b	68 (59.1%) ^b	74 (46.3%) ^c	35 (72.9%) ^c
CSO-EPVS+	47 (47.5%) ^b	68 (62.4%) ^b	—	—	79 (49.4%) ^c	36 (75.0%) ^c
HP-EPVS+	13 (13.1%) ^c	35 (32.1%) ^c	12 (12.9%) ^c	36 (31.3%) ^c	—	—
Vascular risk factors						
Hypertension	44 (44.4%) ^b	66 (60.6%) ^b	47 (50.5%)	63 (54.8%)	88 (55.0%)	22 (45.8%)
Diabetes mellitus	19 (19.2%)	25 (22.4%)	18 (19.4%)	26 (22.6%)	34 (21.3%)	10 (20.8%)
Dyslipidemia	32 (32.3%)	27 (24.8%)	27 (29.0%)	32 (27.8%)	47 (29.4%)	12 (25.0%)
Cardiac disease	13 (13.1%)	20 (18.4%)	14 (15.1%)	19 (16.5%)	22 (13.8%)	11 (22.9%)
Ischemic stroke	3 (3.0%)	4 (3.7%)	3 (3.2%)	4 (3.5%)	5 (3.1%)	2 (4.2%)
SVD markers						
Total WMHs	10.14 ± 5.67 ^a	17.38 ± 8.74 ^a	13.84 ± 9.27	14.01 ± 7.38	13.19 ± 7.78 ^b	16.42 ± 9.33 ^b
Lacunae	14 (14.1%) ^a	54 (49.5%) ^a	32 (34.4%)	36 (31.3%)	47 (29.4%)	21 (43.8%)
CMB	16 (16.2%) ^c	38 (34.9%) ^c	29 (31.2%)	25 (21.7%)	36 (22.5%)	18 (37.5%)
MTA	1.60 ± 0.86 ^c	1.93 ± 0.83 ^c	1.78 ± 0.84	1.77 ± 0.88	1.84 ± 0.86 ^b	1.55 ± 0.82 ^b
CDR-SOB	2.21 ± 1.63 ^c	2.94 ± 2.30 ^c	2.53 ± 2.08	2.64 ± 2.01	2.56 ± 1.98	2.70 ± 2.22
Cognitive domain^d						
Attention	−0.12 ± 0.95	−0.26 ± 0.77	−0.24 ± 0.82	−0.16 ± 0.90	−0.20 ± 0.89	−0.18 ± 0.79
Language	−0.69 ± 1.67	−1.14 ± 1.36	−0.73 ± 1.63	−1.08 ± 1.43	−0.84 ± 1.53	−1.20 ± 1.51
Visuospatial	−1.04 ± 2.74	−0.77 ± 1.69	−0.98 ± 2.49	−0.83 ± 2.04	−0.96 ± 2.38	−0.68 ± 1.76
Memory	−1.28 ± 0.93	−1.29 ± 0.78	−1.24 ± 0.87	−1.33 ± 0.85	−1.32 ± 0.84	−1.18 ± 0.92
Frontal/executive	−0.65 ± 0.79	−0.91 ± 0.78	−0.79 ± 0.77	−0.78 ± 0.82	−0.81 ± 0.81	−0.69 ± 0.73

Abbreviations: BAPL = brain amyloid plaque load; BG = basal ganglia; CDR-SOB = Clinical Dementia Rating–Sum of Boxes; CMB = cerebral microbleed; CSO = centrum semiovale; EPVS = enlarged perivascular space; FBB = florbetaben; FDR = false discovery rate; HP = hippocampus; MMSE = Mini-Mental Status Examination; MTA = medial temporal lobe atrophy; SUVR = standardized uptake value ratio; SVD = small vessel disease; WMHs = white matter hyperintensities. Values are expressed as mean ± SD or number (percentage). *p* Values are the results of the independent sample *t* test or χ^2 tests as appropriate.

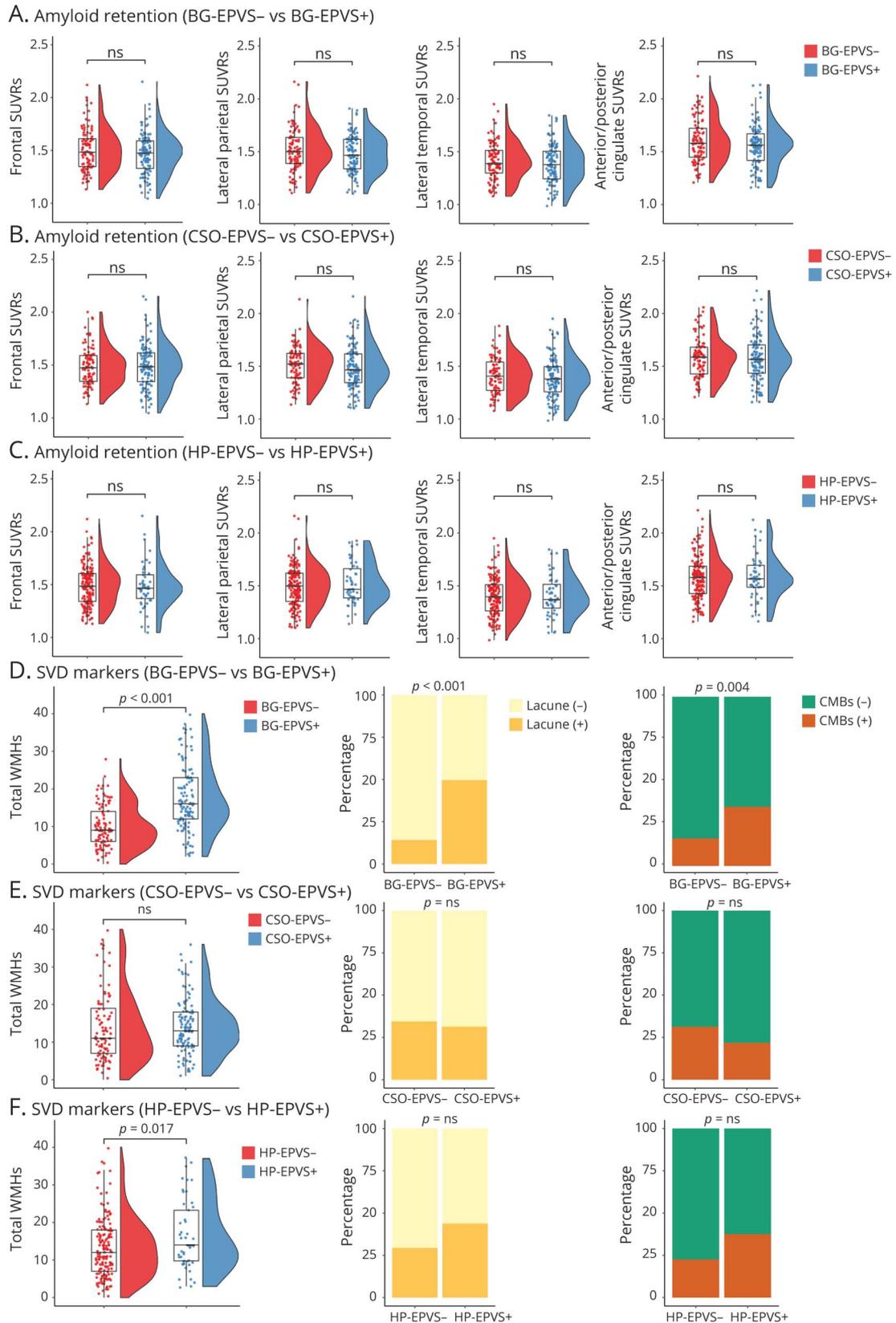
^a *p* < 0.001.

^b *p* < 0.05.

^c *p* < 0.01.

^d FDR-corrected *p* value < 0.05 for 5 cognitive domains was regarded as statistically significant.

Figure 2 Group Comparison of Amyloid Retention or SVD Markers



(A–C) Group comparison of regional amyloid retention using SUVRs between the EPVS- and EPVS+ groups. (D–F) Group comparison of SVD markers between the EPVS- and EPVS+ groups. BG = basal ganglia; CMB = cerebral microbleed; CSO = centrum semiovale; EPVS = enlarged perivascular space; HP = hippocampus; SUVR = standardized uptake value ratio; SVD = small vessel disease; WMHs = white matter hyperintensities.

score between the groups. In terms of CSO-EPVS, all the variables were comparable between the CSO-EPVS- and CSO-EPVS+ groups, except for years of education, which were greater in the CSO-EPVS+ group than in the CSO-EPVS- group. The burden of WMHs in the HP-EPVS+ group was greater than that in the HP-EPVS- group. The MTA score tended to be lower in the HP-EPVS+ group than in the HP-EPVS- group.

Among healthy controls, subjects in the BG-EPVS+ group were older and had more severe MTA than those in the BG-EPVS- group. There were no significant between-group demographic and clinical differences according to the presence of CSO-EPVS or HP-EPVS.

Comparison of the β -Amyloid Burden Between the Groups

Amyloid burden at the time of diagnosis of AD continuum was not associated with the degree of BG-, CSO-, or HP-EPVS (Figure 2, A–C): SUVRs in the frontal, lateral parietal, lateral temporal, and anterior/posterior cingulate cortices were not significantly different between the groups. ANCOVA results in

patients with AD continuum, healthy controls, and all subjects (patients with AD continuum and healthy controls) showed that global and regional SUVRs did not differ between the groups according to the degree of EPVS in BG, CSO, and HP while adjusting for the effects of possible confounding factors (eTable 2, links.lww.com/WNL/C241).

Comparison of the SVD Markers Between the Groups

The burden or prevalence of all 3 SVD markers was significantly greater in the BG-EPVS+ group than in the BG-EPVS- group (Figure 2D). There were no differences in the SVD markers between the CSO-EPVS- and CSO-EPVS+ groups (Figure 2E). The burden of WMHs was significantly greater in the HP-EPVS+ group than in the HP-EPVS- group, whereas the prevalence of lacunes or CMBs was comparable between the groups (Figure 2F).

Effect of EPVS on Cognition

We further investigated the effect of EPVS on cognitive function at baseline using regression analysis (Table 2). Multivariate

Table 2 Multivariate Linear Regression Model of Each Cognitive Domain and CDR-SOB in Patients With Alzheimer Disease Continuum

			Attention	Language	Visuospatial	Memory	Frontal/executive	CDR-SOB
BG-EPVS	Model 1	β	-0.12	-0.60	-0.02	-0.17	-0.25	0.62
		SE	0.13	0.21	0.33	0.12	0.10	0.24
		<i>p</i>	0.405 ^a	0.020 ^a	0.943 ^a	0.243 ^a	0.043 ^a	0.010
	Model 2	β	-0.15	-0.57	0.08	-0.10	-0.22	0.43
		SE	0.14	0.23	0.36	0.13	0.11	0.26
		<i>p</i>	0.467 ^a	0.067 ^c	0.819 ^a	0.539 ^a	0.146 ^a	0.104
CSO-EPVS	Model 1	β	0.05	-0.22	0.10	-0.08	0.06	0.11
		SE	0.12	0.20	0.32	0.11	0.10	0.24
		<i>p</i>	0.744 ^a	0.640				
	Model 2	β	0.05	-0.25	0.13	-0.09	0.04	0.19
		SE	0.13	0.21	0.32	0.11	0.10	0.24
		<i>p</i>	0.679 ^a	0.427				
HP-EPVS	Model 1	β	-0.02	-0.40	0.31	0.10	0.06	0.56
		SE	0.15	0.24	0.37	0.13	0.12	0.27
		<i>p</i>	0.876	0.471	0.773	0.773	0.773	0.037
	Model 2	β	-0.01	-0.33	0.32	0.15	0.12	0.40
		SE	0.15	0.24	0.37	0.13	0.12	0.27
		<i>p</i>	0.956	0.489	0.489	0.489	0.489	0.150

Abbreviations: β = unstandardized coefficient; BG = basal ganglia; CDR-SOB = Clinical Dementia Rating–Sum of Boxes; CSO = centrum semiovale; EPVS = enlarged perivascular space; HP = hippocampus; SE = standard error; SUVR = standardized uptake value ratio.

Model 1: CDR-SOB or each cognitive domain $\sim \beta_0 + (\beta_1 \times \text{age}) + (\beta_2 \times \text{sex [female vs male]}) + (\beta_3 \times \text{years of education}) + (\beta_4 \times \text{cognitive status [dementia vs nondementia]}) + (\beta_5 \times \text{APOE } \epsilon 4 \text{ carrier status}) + (\beta_6 \times \text{global SUVRs}) + (\beta_7 \times \text{EPVS})$.

Model 2: CDR-SOB or each cognitive domain $\sim \beta_0 + (\beta_1 \times \text{age}) + (\beta_2 \times \text{sex}) + (\beta_3 \times \text{years of education}) + (\beta_4 \times \text{cognitive status}) + (\beta_5 \times \text{APOE } \epsilon 4 \text{ carrier status}) + (\beta_6 \times \text{global SUVRs}) + (\beta_7 \times \text{WMHs}) + (\beta_8 \times \text{lacunes}) + (\beta_9 \times \text{CMBs}) + (\beta_{10} \times \text{EPVS})$.

^a Corrected *p* values for 5 cognitive domains using the false discovery rate method.

linear regression analyses revealed that language function ($\beta = -0.60$, standard error [SE] = 0.21, FDR-corrected $p = 0.020$), frontal/executive function ($\beta = -0.25$, SE = 0.10, FDR-corrected $p = 0.043$), and CDR-SOB ($\beta = -0.60$, SE = 0.21, $p = 0.010$) scores were significantly and independently associated with the presence of BG-EPVS in model 1, which did not reach statistical significance in model 2 after additional adjustment for SVD markers (language, $\beta = -0.57$, SE = 0.23, FDR-corrected $p = 0.067$; frontal/executive, $\beta = -0.22$, SE = 0.11, FDR-corrected $p = 0.146$; CDR-SOB, $\beta = 0.62$, SE = 0.24, $p = 0.105$, Table 2). Meanwhile, the degree of CSO-EPVS (i.e., CSO-EPVS⁻ vs CSO-EPVS⁺) did not significantly affect the cognitive composite scores in all 5 cognitive domains and CDR-SOB scores at baseline, regardless of the adjustment for possible confounding factors. In terms of HP-EPVS, HP-EPVS was not relevant to each cognitive domain, whereas CDR-SOB ($\beta = -0.60$, SE = 0.21, $p = 0.010$) scores were significantly and independently associated with the presence of HP-EPVS in model 1, which were not significant anymore in model 2. When further analyses were performed in all study participants (i.e., 208 patients with AD continuum and 82 healthy controls), we obtained quite similar results (eTable 3, links.lww.com/WNL/C241). In healthy controls, the level of cognitive performance was not relevant to according to the presence of EPVS (eTable 3).

Longitudinal Assessment of the Changes in MMSE Scores Between Groups

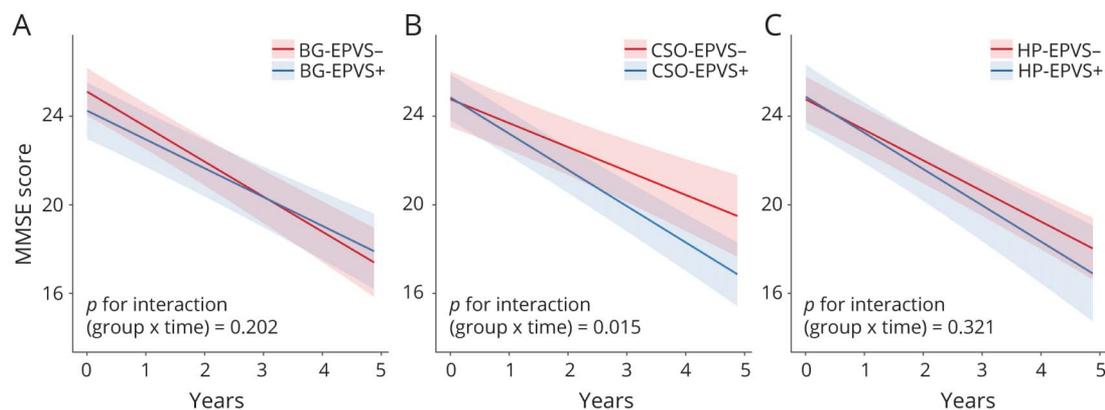
The subsample of 158 patients with AD continuum who underwent MMSE at least twice with 1 year interval had similar demographic and clinical characteristics to the participants in this study (eTable 4, links.lww.com/WNL/C241). Before we conducted further analyses, we confirmed the effect of amyloid burden on longitudinal changes in MMSE scores ($\beta = -1.51$, SE = 0.75, $p = 0.045$) in AD continuum, which was also shown in a previous study.²⁹ In terms of BG-EPVS and HP-EPVS, group \times time interaction terms were not significant in the linear

mixed models, indicating that the longitudinal decreases in MMSE scores were not affected by BG-EPVS and HP-EPVS (Figure 3, A and C). In contrast, there was a significant CSO-EPVS group \times time interaction term in the linear mixed model of the MMSE score ($\beta = -0.56$, SE = 0.23, $p = 0.015$, Table 3, model 1) after adjusting for potential confounding factors, indicating that the CSO-EPVS⁺ group exhibited a more rapid annual decline in MMSE scores (-0.56 per year) than the CSO-EPVS⁻ group (Figure 3B). In the two-way interaction model, the regression coefficient and p value of the CSO-EPVS group \times time interaction term barely changed ($\beta = -0.58$, SE = 0.23, $p = 0.011$, Table 3, model 2) after the addition of the global SUVRs \times time interaction term in the linear mixed model, indicating that the effect of CSO-EPVS on longitudinal cognitive decline in AD continuum is independent of β -amyloid burden. In subgroup analyses according to cognitive status, a CSO-EPVS group \times time interaction term in the linear mixed model for the longitudinal changes in MMSE scores was significant in the subgroup without dementia ($\beta = -1.03$, SE = 0.30, $p < 0.001$), whereas it was not significant in the subgroup with dementia ($\beta = -0.06$, SE = 0.34, $p = 0.856$, eTable 5, links.lww.com/WNL/C241).

Discussion

In this study, we investigated the association between BG-, CSO-, or HP-EPVS, baseline β -amyloid burden, and baseline and longitudinal cognition in AD continuum. The major findings were as follows: (1) BG-EPVS, CSO-EPVS, and HP-EPVS were not associated with β -amyloid burden at the diagnosis of AD continuum; (2) SVD markers were significantly associated with BG-EPVS and HP-EPVS, but not with CSO-EPVS; (3) BG-EPVS affected language and frontal/executive function via SVD markers; HP-EPVS was associated with general cognition via SVD markers; and CSO-EPVS was not associated with baseline cognition; (4) CSO-EPVS⁺ individuals experienced

Figure 3 Association Between EPVS and MMSE Score Over Time



(A) There was no significant difference in longitudinal MMSE score change between the BG-EPVS⁻ and BG-EPVS⁺ groups. (B) The CSO-EPVS⁺ group had significantly faster decline of the MMSE score than the CSO-EPVS⁻ group. (C) There was no significant difference in longitudinal MMSE score change between the HP-EPVS⁻ and HP-EPVS⁺ groups. BG = basal ganglia; CSO = centrum semiovale; EPVS = enlarged perivascular space; HP = hippocampus; MMSE = Mini-Mental Status Examination.

Table 3 Longitudinal Models for Enlarged Perivascular Space and Amyloid Retention Predicting MMSE Score Change Over Time

	Effect of A β	BG-EPVS		CSO-EPVS		HP-EPVS	
		Model 1	Model 2	Model 1	Model 2	Model 1	Model 2
Intercept	25.61 (3.94) ^a	24.43 (3.26) ^a	25.50 (3.94) ^a	24.32 (3.24) ^a	25.05 (3.94) ^a	24.92 (3.27) ^a	25.64 (3.95) ^a
Age	0.04 (0.04)	0.05 (0.04)	0.05 (0.04)	0.05 (0.04)	0.05 (0.04)	0.04 (0.04)	0.04 (0.04)
Female	-0.61 (0.59)	-0.69 (0.60)	-0.69 (0.59)	-0.57 (0.60)	-0.57 (0.59)	-0.61 (0.60)	-0.61 (0.60)
Education	0.31 (0.05) ^a	0.31 (0.05) ^a	0.31 (0.05) ^a	0.33 (0.05) ^a	0.32 (0.05) ^a	0.32 (0.05) ^a	0.31 (0.05) ^a
Cognitive status	-3.49 (0.52) ^a	-3.51 (0.52) ^a	-3.40 (0.53) ^a	-3.62 (0.52) ^a	-3.52 (0.52) ^a	-3.62 (0.53) ^a	-3.53 (0.53) ^a
APOE ϵ4 carrier	-0.16 (0.50)	-0.13 (0.50)	-0.18 (0.50)	-0.12 (0.50)	-0.16 (0.50)	-0.12 (0.50)	-0.15 (0.50)
WMHs	-0.07 (0.04)	-0.06 (0.04)	-0.06 (0.04)	-0.07 (0.04)	-0.08 (0.04) ^b	-0.07 (0.04)	-0.07 (0.04)
Lacunes	0.82 (0.61)	1.08 (0.63)	1.01 (0.63)	0.92 (0.61)	0.83 (0.61)	0.92 (0.62)	0.83 (0.62)
CMBs	-0.55 (0.57)	-0.53 (0.57)	-0.51 (0.57)	-0.61 (0.57)	-0.59 (0.57)	-0.53 (0.58)	-0.51 (0.57)
MTA	-0.56 (0.38)	-0.64 (0.38)	-0.59 (0.38)	-0.63 (0.38)	-0.58 (0.38)	-0.63 (0.39)	-0.58 (0.39)
Global SUVRs	-0.58 (1.63)	—	-0.84 (1.64)	—	-0.53 (1.62)	—	-0.51 (1.63)
EPVS+	—	-0.86 (0.62)	-0.89 (0.62)	0.08 (0.56)	0.11 (0.56)	0.12 (0.68)	0.16 (0.67)
Time, y	0.75 (1.09)	-1.58 (0.15) ^a	0.51 (1.15)	-1.08 (0.18) ^a	1.25 (1.10)	-1.38 (0.13) ^a	1.00 (1.11)
Aβ \times time	-1.51 (0.75) ^b	—	-1.41 (0.77)	—	-1.60 (0.74) ^b	—	-1.63 (0.75) ^b
EPVS+ \times time	—	0.28 (0.22)	0.19 (0.22)	-0.56 (0.23) ^b	-0.58 (0.23) ^b	-0.26 (0.26)	-0.33 (0.26)

Abbreviations: A β = global standardized uptake value ratios; BG = basal ganglia; CMB = cerebral microbleed; CSO = centrum semiovale; EPVS = enlarged perivascular space; HP = hippocampus; MMSE = Mini-Mental Status Examination; MTA = medial temporal lobe atrophy; SUVR = standardized uptake value ratio; WMHs = white matter hyperintensities.

Results of linear mixed model for MMSE score change over time. Values are expressed as unstandardized coefficient (standard error).

Model 1: MMSE score $\sim \beta_0 + (\beta_1 \times \text{age}) + (\beta_2 \times \text{sex}) + (\beta_3 \times \text{years of education}) + (\beta_4 \times \text{cognitive status}) + (\beta_5 \times \text{APOE } \epsilon 4 \text{ carrier status}) + (\beta_6 \times \text{WMHs}) + (\beta_7 \times \text{lacunes}) + (\beta_8 \times \text{CMBs}) + (\beta_9 \times \text{EPVS}) + (\beta_{10} \times \text{time}) + (\beta_{11} \times \text{EPVS} \times \text{time})$.

Model 2: MMSE score $\sim \beta_0 + (\beta_1 \times \text{age}) + (\beta_2 \times \text{sex}) + (\beta_3 \times \text{years of education}) + (\beta_4 \times \text{cognitive status}) + (\beta_5 \times \text{APOE } \epsilon 4 \text{ carrier status}) + (\beta_6 \times \text{global SUVRs}) + (\beta_7 \times \text{WMHs}) + (\beta_8 \times \text{lacunes}) + (\beta_9 \times \text{CMBs}) + (\beta_{10} \times \text{EPVS}) + (\beta_{11} \times \text{time}) + (\beta_{12} \times \text{global SUVRs} \times \text{time}) + (\beta_{13} \times \text{EPVS} \times \text{time})$.

^a $p < 0.001$.

^b $p < 0.05$.

more rapid longitudinal declines in cognitive performance than CSO-EPVS- individuals, which appears to be independent of baseline β -amyloid burden. Meanwhile, BG-EPVS and HP-EPVS were not associated with longitudinal cognitive changes in AD continuum. These findings suggest that in AD continuum, EPVS seems to have a region-specific effect on cognition in an amyloid-independent manner.

Brain MRI is a widely used imaging modality to evaluate cognitive impairment. Incidental findings of EPVS on brain MRI are frequently observed in patients with dementia as well as in normal older adults.^{2,30} Several studies revealed the relationship between EPVS and neurodegenerative disorders.^{6,7,12} Of interest, the effect of EPVS on neurodegeneration appears to differ according to the anatomic location. One previous study showed that CSO-EPVS was significantly associated with clinically diagnosed AD while BG-EPVS negatively predicted the diagnosis of AD.⁵ A recent study reported that CSO-EPVS was associated with tau deposition, not with amyloid burden, in the brain, whereas BG-EPVS was related to cerebral SVD in the cognitively normal older

population.¹² In the present study, we were unable to find an association between baseline β -amyloid burden and BG-, CSO-, or HP-EPVS in patients with AD continuum and in healthy controls. This finding is in accordance with the results of previous studies^{5,11,12} that failed to demonstrate the relationship between EPVS and amyloid deposition. However, these studies, including the present study, are limited by the cross-sectional study design, which may not be appropriate to demonstrate the association between the rate of β -amyloid accumulation and severity of EPVS in patients with AD continuum who may already be saturated with β -amyloid load.^{31,32} Further longitudinal studies are warranted to demonstrate the association between β -amyloid accumulation and EPVS at the early stages of AD.

Until now, the region-specific role of EPVS has not been defined in AD continuum. In this study, we found that BG-EPVS was significantly associated with language and frontal/executive function after adjusting for confounders. Also, general cognition assessed using CDR-SOB was associated with BG-EPVS and HP-EPVS. However, this relationship was no longer

relevant after additional adjustment for SVD markers. This result suggests that SVD markers may mediate the relationship between BG- or HP-EPVS and cognition in AD continuum.³³ On the other hand, the present study did not show a correlation between CSO-EPVS and baseline cognition in AD continuum.

In healthy controls, we could not find any relationship between EPVS and cognition. Previous data on the association between EPVS and cognitive impairment in cognitively normal older adults are conflicting. Some evidence has shown that EPVS affects cognitive function, such as information processing and executive functioning performance, in older adults.^{9,10} In contrast, a recent meta-analysis including 5 population-based cohorts found no association between visual scores of EPVS and cognitive dysfunction in older adults without dementia.³⁴ Regarding region-specific effects of EPVS on cognition, the relationship between CSO-EPVS and cognitive performance has been inconsistently reported, whereas BG-EPVS is associated with frontal lobe–based cognition.^{8,35–37} In terms of HP-EPVS, 1 study showed that HP-EPVS was associated with verbal reasoning²⁰; however, other studies were unable to find an association between cognition and HP-EPVS.^{11,38}

In this study, a linear mixed model revealed that the CSO-EPVS+ group exhibited a more rapid longitudinal decline in the MMSE scores over time than the CSO-EPVS– group, independent of β -amyloid burden and SVD markers. It is interesting that this result suggests amyloid-independent and anatomic location–specific effects of EPVS on cognitive decline in AD continuum. Considering that baseline β -amyloid and SVD burden also did not differ between the groups according to the severity of CSO-EPVS, these results imply the possibility that CSO-EPVS is the manifestation of β -amyloid– or SVD-independent processes, such as the deposition of tau protein.⁵ Tau pathology is most consistently related to a decline in cognition in AD continuum,³⁹ but elevated β -amyloid alone is not.⁴⁰ Recent studies also reported that CSO-EPVS was associated with baseline tau deposition but not β -amyloid deposition in the brain in cognitively normal older adults¹² and in patients with AD continuum.⁴¹ Furthermore, our subgroup analyses according to cognitive status demonstrated that CSO-EPVS was a predictor of longitudinal decline in the MMSE scores only in patients without dementia with AD continuum. Although insignificant results in patients with dementia with AD continuum might be due to the floor effect,⁴² this result suggests that CSO-EPVS is an important imaging marker of future cognitive decline in the early stage of AD. Further studies using biomarkers related to tau deposition (e.g., tau PET or CSF tau) are needed to clarify the association of CSO-EPVS with tau accumulation and the exact mechanisms of the detrimental effects of CSO-EPVS with respect to the progression of AD. Also, we hope that future study will elucidate whether CSO-EPVS is a potential therapeutic target in AD continuum.

We found that the rate of longitudinal changes in the MMSE score in the BG- or HP-EPVS+ group was not different from that in the BG- or HP-EPVS– group in AD continuum

populations. Recently, one study reported that CSO-EPVS+ was closely related to a greater decline in global cognition over 4 years in community-dwelling older adults, whereas there was no association between BG- or HP-EPVS and longitudinal cognitive decline.⁷ Another study also showed that large EPVSs, particularly in the BG, were associated with an increased risk of developing vascular dementia, but not with AD.⁴³ Although it is not fully understood how pathophysiologic mechanisms differ between BG-EPVS and CSO-EPVS, some evidence has suggested that BG-EPVS, but not CSO-EPVS, is associated with compromised blood-brain barrier integrity,⁴⁴ which may be a critical contributor to the pathogenesis of SVD.⁴⁵ In addition, BG-EPVS shares a common pathomechanism with WMHs and lacunes, which are driven by hypertensive arteriopathy that affects deep perforators.^{11,33,43} In terms of HP-EPVS, previous studies have suggested that HP-EPVS is associated with SVD.^{11,20} However, the role of HP-EPVS as an imaging marker in AD continuum may be limited because counting HP-EPVS is difficult in atrophic hippocampi.¹¹ In this study, we also observed that the severity of BG- or HP-EPVS was significantly associated with a burden of SVD markers, whereas the severity of CSO-EPVS was not. Taken together, the associations between EPVS and longitudinal changes in global cognition in AD continuum differ by their anatomic distribution, probably because of different pathophysiologic mechanisms (i.e., EPVS in the BG or HP may be more closely associated with SVD markers than neurodegenerative processes in AD continuum).

Our study has some limitations. First, due to the lack of three-dimensional isotropic T2-weight structural MRI data, we rated the grade of BG-, CSO-, or HP-EPVS visually in this study, which only provided qualitative estimates of the extent of perivascular space. Also, we used a single MRI slice for determining EPVS, which may underrate the effect of this finding on statistical assessments. Further studies using quantitative estimates of EPVS should be conducted to replicate our results. Second, we assessed the severity of EPVS only at baseline. In addition, due to the retrospective nature of this study, we could not conclude that the severity of EPVS has a predictive role in neurodegeneration in a region-specific manner. Causal relationships should be demonstrated in other longitudinal comparative studies using sequential MRI. Third, only 74 (35.6%) patients with AD continuum performed serial detailed neuropsychological tests during the follow-up period in this study, which makes it difficult to assess the longitudinal changes in cognitive function. Actually, serial cognitive assessment using a detailed neuropsychological test is very difficult in a real-world clinical setting because the cognitive function of patients with AD continuum deteriorates over time. We instead evaluated the longitudinal cognitive decline using the MMSE score, which is considered as an effective monitoring tool to assess global cognition.⁴⁶ The results should be replicated in future studies including patients with early-stage AD who are able to perform serial neuropsychological tests over years.

In conclusion, the present study demonstrated that all of BG-, CSO-, and HP-EPVS were not associated with baseline β -amyloid burden or cognitive function independently of SVD at the diagnosis of AD continuum. However, CSO-EPVS was associated with the progression of cognitive decline in patients with AD continuum in a β -amyloid-independent manner.

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Appendix (continued)

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